



Art Psalms

Alex Grey

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The power of art as a transformative path is the theme of this inspiring collection from internationally known artist Alex Grey. *Art Psalms* combines poems, artwork, and "mystic rants" that fuse imagination, creativity, and spirituality. Grey's oracular poetry declares that art, both its creation and its observation, can be a spiritual practice. Many of these writings have been shared at gatherings worldwide, especially at New York City's Chapel of Sacred Mirrors (CoSM), a contemporary sacred space co-founded by Alex and Allyson Grey. Selections include "Soul Marriage," which invites the reader to commit to personal and global transformation; "Guidance for Servants of God," precepts for life as a sacred path; and "The Plan," which aligns universal and individual creativity. The entire text of Grey's spoken word performance, "WorldSpirit," is included here. Three annotated portfolios, "Meditations on the Divine Feminine," "Meditations on the Masters," and "Meditations on Mortality," explore the connection between drawing and meditation as ways of seeing. Equally meaningful for art lovers, the health and spiritual communities, and anyone seeking to develop their creativity, *Art Psalms* features over 150 new reproductions of drawings, paintings, and sacred geometry to enrich and awaken the inner artist in each of us.

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