



The Big Book and A Study Guide of the 12 Steps of AA

Bill Wilson, William Silkworth, Dr. Bob

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This is the Big Book of Alcoholics Anonymous, describing how to recover from alcoholism, written by the founders of Alcoholics Anonymous (AA), Bill W. & Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to treat addictions that range from alcoholism, heroin, meth and marijuana addiction, as well as overeating, sex addiction and gambling addiction. Also included: A current 200 page study guide for the 12 Steps of Alcoholics Anonymous. There are hundreds of questions to answer for The Doctor's Opinion, Bill's Story, The is a Solution, More About Alcoholism and the rest. Summaries and main point for each chapter are also included.

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