



# Daughters of Divorce: Overcome the Legacy of Your Parents' Breakup and Enjoy a Happy, Long-Lasting Relationship

*Terry Gaspard, Tracy Clifford*

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**Restore your faith in love and build healthy, successful relationships with this essential guide for every woman haunted by her parents' divorce.**

Over 40 percent of Americans ages eighteen to forty are children of divorce. Yet women with divorced parents are more than twice as likely than men to get divorced themselves and struggle in romantic relationships. In this powerful, uplifting guide, mother-daughter team Terry and Tracy draws on thirty years of clinical practice and interviews with over 320 daughters of divorce to help you recognize and overcome the unique emotional issues that parental separation creates so you can build the happy, long-lasting relationships you deserve.

## **Learn how to:**

- Examine your parents' breakup from an adult perspective
- Heal the wounds of the past
- Recognize destructive dynamics in intimate relationships and take steps to change them
- Trust yourself and others by embracing vulnerability
- Create strong partnerships with their proven Seven Steps to a Successful Relationship
- Break the divorce legacy once and for all!

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#### **Linda Howard:**

A lot of people always spent their free time to vacation or even go to the outside with them household or their friend. Do you realize? Many a lot of people spent they will free time just watching TV, or playing video games all day long. If you would like try to find a new activity honestly, that is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you just read you can spent 24 hours a day to reading a book. The book Daughters of Divorce: Overcome the Legacy of Your Parents' Breakup and Enjoy a Happy, Long-Lasting Relationship it doesn't matter what good to read. There are a lot of people that recommended this book. They were enjoying reading this book. When you did not have enough space to deliver this book you can buy often the e-book. You can m0ore very easily to read this book

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