

# The Goddess and the Shaman: The Art & Science of Magical Healing

J. A. Kent

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### The Goddess and the Shaman: The Art & Science of Magical **Healing**

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Explore the resurgence of magical and shamanic healing in the world today. Recovering from disease, pain, and mental illness often means addressing otherworldly causes such as soul loss, soul fragmentation, or invasive spirits. Interviewing modern shamanic practitioners and sharing her own experiences as a psychotherapist and healer, author J. A. Kent, PhD, shows how ritual practice and mystical experience can be used as tools to foster profound spiritual and psychological growth.

Through exploration of otherworldly phenomena, the Western mystery traditions, and the author's psychotherapy case studies, this book shows how the Goddess represents the numinous reality of the universe while the Shaman represents the archetypal figure that can access the other side to bring forth knowledge and healing.



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