



It's OK Not to Share and Other Renegade Rules for Raising Competent and Compassionate Kids

Heather Shumaker

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Parenting can be such an overwhelming job that it's easy to lose track of where you stand on some of the more controversial subjects at the playground (What if my kid likes to rough house—isn't this ok as long as no one gets hurt? And what *if* my kid just doesn't feel like sharing?). In this inspiring and enlightening book, Heather Shumaker describes her quest to nail down "the rules" to raising smart, sensitive, and self-sufficient kids. Drawing on her own experiences as the mother of two small children, as well as on the work of child psychologists, pediatricians, educators and so on, in this book Shumaker gets to the heart of the matter on a host of important questions. Hint: many of the rules aren't what you think they are!

The "rules" in this book focus on the toddler and preschool years—an important time for laying the foundation for competent and compassionate older kids and then adults. Here are a few of the rules:

- It's OK if it's not hurting people or property
- Bombs, guns and bad guys allowed.
- Boys can wear tutus.
- Pictures don't have to be pretty.
- Paint off the paper!
- Sex ed starts in preschool
- Kids don't have to say "Sorry."
- Love your kid's lies.

IT'S OK NOT TO SHARE is an essential resource for any parent hoping to avoid PLAYDATEGATE (i.e. your child's behavior in a social interaction with another child clearly doesn't meet with another parent's approval)!



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