



Transpersonal Psychology in Practice [2 volumes]

Harris L. Friedman, Douglas A MacDonald

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- Blends psychology, science, spirituality, and religion, addressing approaches that range from A (Akido) to Z (Zen)
- Compares and contrasts many transpersonal psychotherapies including somatic approaches, holotropic therapy, hypnosis, neurofeedback, lucid dreaming, meditation, shamanism, psychedelic substances, and more
- Shares transpersonal frameworks and measures for assessing and evaluating people and organizations
- Provides appendices that list transpersonal psychology organizations, societies, membership organizations, and journals

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