

# **Working Therapeutically with Families: Creative Activities for Diverse Family Structures**

Tonia Caselman, Kimberly Hill



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This resource provides a wealth of activities to use in therapeutic work with families, tailored to meet the particular needs of different types of family.

Chapters are organized by family type, and include divorced families, families with an incarcerated parent, grandparent-led families, families with substance abuse issues, and families in grief. Each chapter includes a host of therapeutic activities that are appropriate, and most effective, with each family type. Chapters also include a discussion of the context, the strengths and weaknesses of each family type, the challenges they face, and best practices for effective intervention. Clear instructions and follow up discussion questions are included.

This will be an essential guide for all those working with families, including counsellors, family therapists, social workers and psychologists.

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