

# Making Prayer Real: Leading Jewish Spiritual Voices on Why Prayer Is Difficult and What to Do about It

Rabbi Mike Comins

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Fresh, Useful Perspectives on the Spiritual Dynamics of Prayer

"Better music, better sermons and better prayer books can only go so far. Many innovations have been tried around the world, and no doubt, synagogue leadership will continue to think creatively about improving services. But deep and lasting change will only come when each of us takes ownership and responsibility for what only we can really guide?our inner lives."

'from the Preface

Join over fifty Jewish spiritual leaders from all denominations in a candid conversation about the *why* and *how* of prayer: how prayer changes us and how to discern a response from God. In this fascinating forum, they share the challenges of prayer, what it means to pray, how to develop your own personal prayer voice and how to rediscover meaning and God's presence in the traditional Jewish prayer book.

#### **CONTRIBUTORS:**

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