



# How To Make Liver & Onions Gourmet Style (Authentic English Recipes Book 4)

*Geoff Wells*

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## **How To Make Liver & Onions Gourmet Style (Authentic English Recipes Book 4)** Geoff Wells *About Authentic English Recipes*

It's great to try new recipes for the first time. To experience new flavors and food combinations you may never have thought of. But for most of our day to day cooking we never open a cookbook or precisely measure ingredients. We go by what feels right and the experience of cooking the same meal many times before.

The *How To Make Authentic English Recipes* series is more about the method and the ingredients than it is about precise measuring. This is the way our Grandmothers and Mothers cooked. These are recipes my Grandmother passed down to my Mother and then to me.

I hope you enjoy this series of cookbooks and will soon be using these homemade recipes and cooking like a true Brit.

### **About How To Make Liver & Onions Gourmet Style**

Ask people to list their least favorite foods and for many, liver and spinach will be on their list. My wife was one of those people before we met, now she makes regular requests for my Liver & Onions Dinner.

The entire menu for my liver & onions dinner pretty specific and there's a reason for each item, as explained in the book. However, be sure to have these items available before you start - beef liver (a great source of iron), bacon, fresh baby spinach, potatoes (to make the mashed potatoes), Bovril, or something similar, for the gravy and some dry mustard powder. You'll need a few other things, too, but they should be available in your kitchen.

You'll be amazed at how easy this meal is to make and, you never know, your family might just love it.

I'm sharing this recipe with the world so you too can enjoy one of the best tasting, least expensive meals you will ever have.

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